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Music

n 1 art of combining vocal or instrumental sounds in a harmonious or expressive way. 2 sounds so produced. 3 musical composition. 4 written or printed score of this. 5 pleasant natural sound.

Music is the greatest form of magic. Its soothing and hypnotic qualities makes it a suitable tool for therapy hence we got Music Therapy. Music has many meanings. There are many different types of music. It can change for everyone who hears it. It may be because of the taste, or the types of music. All music has a different feeling.

Two types of music are Rock and Pop. These types of music can have a calm feeling to them, or they might have a dance like quality. Both usually have a regular beat and are usually played on the local radio stations. Other types of music are Avant Music, Trance Music, Hip hop music, Latin Music, Country Music, Pop Music to name a few.

It is beyond human knowledge to frame the existing Types of Music. The origin of music could not be deciphered by history. Music is everywhere. It is in the rustling of winds, the journey of the waves to the sea sands, the fluttering of your emotions and many more. You can even find music in the beating of your heart. Types of Music define diverse colors of our heart. They are the pearls of emotion. It opens the window in the world of different Types of Music.

Another type of music is alternative. It can be very different. Some of it is calm and some of it is harder sounding. It may also have a little of both. It consists of many smaller groups of music that can not be defined into other categories.

Techno is also another form of music. It usually has computer generated sounds and beats. It is based on dance and often has a fast tempo. It was more popular in the 80's.

R&B and Dance are a lot alike in sound quality. They usually have a Techno like beat and usually have a lot of vocals. They are played at many dance clubs and radio stations.

Hard and Metal usually consist of a lot of bass and other background noise. The songs usually don't have a happy feeling to them. Although, they have been around for a while.

New Age, Light, and Jazz are softer types of music. They are often sad, or comforting. They are usually more peaceful than most other types of music.

Music can be heard everywhere, and always will be. It can be something to do, or something more. It will constantly be changing and developing.

Of course, music, like language, changes through the centuries. A Bach invention, a Brahms symphony, and a Beatles song are different forms in different genres, and at first they may sound as if they have nothing in common. But they all use the same musical "language" and follow basically the same rules. They are all examples of Western music, and are all more like each other than they are like a Navajo lullaby, a Chinese opera, or a west African praise song.

Music therapy is an interpersonal process in which the therapist uses music and all of its facets—physical, emotional, mental, social, aesthetic, and spiritual—to help clients to improve or maintain their health. In some instances, the client's needs are addressed directly through music; in others they are addressed through the relationships that develop between the client and therapist. Music therapy is used with individuals of all ages and with a variety of conditions, including: psychiatric disorders, medical problems, physical handicaps, sensory impairments, developmental disabilities, substance abuse, communication disorders, interpersonal problems, and aging. It is also used to: improve learning, build self-esteem, reduce stress, support physical exercise, and facilitate a host of other health-related activities.

There had been many great music artists and rock bands but here is a purely subjective list of the groups that changed music forever.

* The Beatles

- * The rolling stones
- * U2
- * The Grateful Dead
- * Velvet Underground
- * Led Zeppelin
- * Ramones
- * Pink Floyd
- * Bob Marley and the wailers
- * Sly and the Family Stone

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